

Western Dubugue Schools MS/HS

2024

January 2024 MS HS Lunch				
	- M	3	4	5
Happy New Year!	Lunch	Boneless Chicken Bites	Pub Burger on A Bun	Bosco Sticks w/Marinara
		Mashed Potatoes w/gravy	w/Lettuce, Tomoto and Onion	Harvest Chedder Sun Chips
		Corn	Curly Fries & Baby Carrots	Cooks Choice Fresh Fruit
		Peaches	Fruit Mix	Cooks Choice Vegetables
500		whole grain dinner roll & Milk	Milk	Milk
8	9	10	11	12
Chicken and Gravy	French Toast Sticks w/Syrup	Mandarin Orange Chicken	Walking Taco w/Salsa	Pepperoni French Bread
w/Buttered Noodles	Sausage Patty	Stir Fried Rice	w/Shredded lettuce and Cheese	Fresh Cucumber Slices
Peas	Hashbrown and Banana Half	Steamed Broccoli & Carrots	Refried Bean and Corn	Applesauce
Pears	Juice Box	Mandarin Oranges	Potato Ole's	Sunchips
whole grain dinner roll & Milk	Milk	Milk	Fresh Orange Slices	Milk
15	16	17	18	19 National Popcorn (
MARTIN LUTHER KING JR.	WM Chicken Strips	Nacho's w/Cheese & Pulled Pork	Spaghetti w/Meat Sauce	Louisiana Chicken Fillet
	Mashed Potatoes w/gravy	Baked Beans	Garlie Knot	w/ Romaine and Tomato
	Corn	Pineapple Tidbits	Side Salad w/Dressing	Curly Fries & Baby Carrots
	Peaches	Craisens	Hot Cinnamon Apples	Mixed Fruit Cup
	whole grain dinner roll & Milk	Milk	Milk	Milk
22	23 Locally Purchased Meat!	24	25	26
Chicken Wings w/Sauce Bar	Italian Grinder on a Bun	French Toast Sticks w/Syrup	Walking Taco w/Salsa	Pizza Crunchers
Mashed Potatoes w/gravy	Curly Fries	Sausage Patty	w/Shredded lettuce and Cheese	Fresh Green Beans
Baby Carrots	Coleslaw	Hashbrown and Banana Half	Refried Bean and Corn	Sun Chips
Fresh Apple	Cooks Choice Fruit	Juice Box	Potato Ole's	Sidekick Fruit Slushie
Dinner Roll & Milk	Milk	Milk	Fresh Orange Slices	Milk
29	30	31		
Popcorn Chicken	Mini Corn Dogs	Mandarin Orange Chicken		
Mashed Potatoes w/gravy	Tator Tots	Stir Fried Rice	/ //Cunch/	I BOUS
Corn	Baked Beans	Steamed Veggies & Carrots		market in
Peaches	Cook Choice Fresh Fruit	Mandarin Oranges	CHOCO	MILLIAM
whole grain dinner roll & Milk	Milk	Milk		

Fat Free, 1% white and FF Choc Milk available daily

This institution is an equal opportunity provider



WEWISHYQUAHAPPY

